

# S O U T H B O U R N E C R E A T I V E H U B

## Welcome to the May 2012 Newsletter

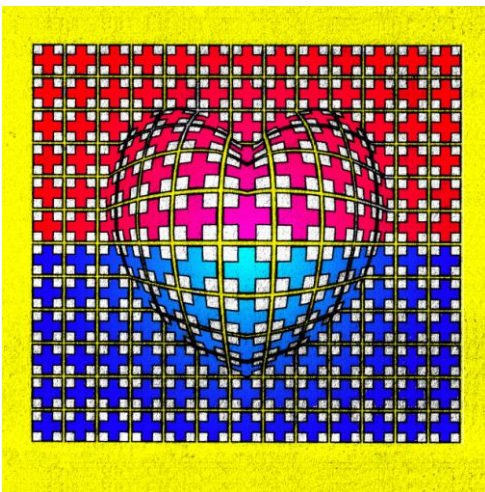
### Hub Social Gathering

Thursday 24<sup>th</sup> May 5.30 – 7.30 pm

**Tea & Coffee available (20p) or bring a drink!**

**Hub Social Gatherings** are a chance to meet other people involved in or interested in the arts, network, meet new people, make new friends and chat about all things creative. These are informal sessions, drop in for a while or stay for the whole session. If you are not already a member of The Hub come along and find out about it. So whether its writing, art, music, dance, design, performance ..... come along and meet like minded people. We will also be celebrating the launch of the Hub website. Free Entry.

### Alex King Exhibition



## 9 of Hearts & Other Landscapes

an exhibition by

Alex King

at

Southbourne Creative Hub  
129 – 131 Belle Vue Road  
Bournemouth  
BH6 3EN

We are hosting our first art exhibition in May featuring the work of Bournemouth artist Alex King. If you are interested in the visual arts and would like to come along to the private viewing on Friday 4<sup>th</sup> May please contact Alex directly on 07960740627.

## Coffee Morning Talk

Tuesday 8<sup>th</sup> May – 10.30am

### Hengistbury Head with Mark Holloway

Mark has a wealth of knowledge about the Head's ecology and archaeology which will feature in the exciting new visitor centre opening next year.

Mark is Countryside Operations Manager for Bournemouth Council and oversees the Hengistbury Head Management Plan. Talks are free to attend but we do encourage donations.

Tea and Coffee available for 20p.

**Arts & Crafts activities for Vulnerable Adults.** We are hosting a group by and for vulnerable adults in May thanks to a grant from the Richmond Fellowship. Their generosity means that this project will run for six rather than the three months originally applied for and will be free to participants. If you work in this field and have clients who might like to find out more, do please contact us by email.

**Art for All** – a truly fun workshop for all levels but particularly those convinced they don't have a talent for art. Sessions are fortnightly from **Tuesday 1<sup>st</sup> May, 2-4pm**. Sessions cost £8 which includes all materials, so you don't need to bring anything with you. Contact Trish on 0775 400 5873, [enquiry@trishart.co.uk](mailto:enquiry@trishart.co.uk) or via [www.trishart.co.uk](http://www.trishart.co.uk)

Calling all **KNITTERS and NEEDLECRAFTERS - ENTHUSIASTS and BEGINNERS**. Knit and Natter is on Mondays, weekly, from 1.30-3.30pm. Only £2.50 and no need to book, we have needles and wool to help get you started if you are a beginner. Call The Hub if you want to know more.



Knit & Natter, photo © Mary Lune

**Needlecraft Club** is on Wednesdays, weekly, from 11 am to 1pm. Only £2.50 and no need to book. We have needles, thread, fabric and more to help you get started if you are a beginner. Call The Hub if you want to know more.

**Drumshare** – as well as weekly sessions on Mondays 10.30-11.30am, Drumshare hold a monthly Drumming Evening. The next ones are **Friday 27<sup>th</sup> April** and **Friday 25<sup>th</sup> May**. Doors open 7.45pm and it goes on until approximately 9pm. Bring a drink if you want. Suitable for all ages. Contact Heike Jenkins on 07542115055 or [heike@heikedrumshare.com](mailto:heike@heikedrumshare.com)



Drum Share, Photo © Mary Lune.

### **The Hub Programme of Activities**

Activities are provided by local freelance teachers. Most classes are on-going and you can join at any point. But please contact individual teachers for information and to check places are available. Classes run weekly unless otherwise indicated.

#### **MONDAYS**

**Drumshare:** 10.30-11.30am. Fun drum & percussion, all levels, adults & children. Equipment provided. Contact Heike 07542115055, [heike@heikedrumshare.com](mailto:heike@heikedrumshare.com)

**Knit and Natter:** 1.30-3.30pm. An informal group sharing skills. Needles and wool available to get you started if required. Drop in, £2.50. Contact The Hub.

**Circus Club:** 4.30-5.30pm. For 7-12 year olds, beginners & improvers. Equipment provided. £5 per session. Contact Cathy at The Hub.

**Creative Writing:** 7.30-9.30pm **fortnightly 30 Apr, 14 May, 28 May and so on.** Suitable for beginners and improvers. Drop-In. Contact The Hub.

**Quay of Sea Singers:** 7.30-9.30pm **fortnightly 7 May, 21 May and so on.** All levels, variety of styles. Contact Jenny 07941586434 or Regina 07816167253 or [quayofseasingers@gmail.com](mailto:quayofseasingers@gmail.com)

#### **TUESDAYS**

**Qi Gong** – gentle movement to music with Trudie. 9am-10am. £5 per session. Newcomers welcome, just pop along or call Trudie 07711946436

**Art For ALL** – 2-4pm. Absolute beginners but all levels welcome. **Fortnightly 1st May, 14th May and so on.** £8 including all materials. Contact Trish [enquiry@trishart.co.uk](mailto:enquiry@trishart.co.uk) or 07754 005873

**Book Club** 4-5pm. **Monthly. First Tuesday of the month.** 1<sup>st</sup> May, 5<sup>th</sup> June.

Contact The Hub for a copy of current book (kindly provided by Southbourne Library) and reading list. £2.50.

**Iyengar Yoga:** 6.00-7.15pm. £7 per class or £20 for four classes. Contact Cara: [cbellyjam@hotmail.com](mailto:cbellyjam@hotmail.com) or 07950 770469.

**Belly Dance:** 7.45-8.45pm. Contact Cara Bowen [cbellyjam@hotmail.com](mailto:cbellyjam@hotmail.com) or 07950 770469 or go to [www.carabowen.com](http://www.carabowen.com)



Photo © Mary Lune

### WEDNESDAYS

**Iyengar Yoga:** 9.30 – 10.45am. Contact Cara as for Tuesdays.

**Needlecrafts Club:** 11am-1pm. An informal group sharing skills and helping beginners. Materials to get you started if required. Drop in, £2.50.

**Guitar - improvers:** 2.30-3.30pm. Contact Martin 07747801455, 01202 420535, [mandh.jenkins@btinternet.com](mailto:mandh.jenkins@btinternet.com)

**J H Action Fighters:** 6.30-7.30pm **ages 5-16.** 7.30-9.00pm **16+ years and adults.** All levels. £5 children, £7 for adults. Contact Janet 07889756194.

### FRIDAYS

**Zumba Dance:** 9.30-10.30 am. All levels. £4. Contact Kelly 07766678758.

**Qi Gong** – gentle movement to music with Trudie. 3-4pm. £5 per session. Newcomers welcome, just pop along or call Trudie 07771946436

**French Conversation - improvers**: 5.00-6.00pm. £5. Contact Rozenn 07905498769.

**Zumba Dance**: 6.30-7.30pm. Contact Kelly as for Friday mornings.

**Drumshare**: 7.45-8.45pm. **Monthly – last Friday of the month, 25<sup>th</sup> May, 29 June.** Drum and percussion, all levels, adults, teenagers and children. Equipment provided. Contact Heike Jenkins 07542115055, [heike@heikedrumshare.com](mailto:heike@heikedrumshare.com) or go to [www.heikedrumshare.com](http://www.heikedrumshare.com)

#### **SATURDAYS**

**J H Action Fighters**: 11.00-12.00am ages 5-16. 12.00-1.30pm 16+ years and adults. Shukokai Street Fighting, Karate & Film/Movie Fighting. All levels. £5 children, £7 adults. Contact Janet Ho on 07889756194.

#### **SUNDAYS**

**Pathways to Peace Group 10.30-12 noon**: With a programme of talks and activities this local group welcomes new members. Contact Julie 07986 520449 or Patsy 01202 426823.

**J H Action Fighters**: 6-7pm ages 5-16. 7-8.30pm 16+ years and adults. Shukokai Street Fighting, Karate & Film/Movie Fighting. All levels. £5 children, £7 for adults. Contact Janet Ho on 07889756194.

**Southbourne Creative Hub CIC (Community Interest Company Registration Number 7673749)**

**129-131 Belle Vue Road, Southbourne Crossroads, Bournemouth, Dorset, BH6 3EN.**

**[southbournech@yahoo.co.uk](mailto:southbournech@yahoo.co.uk) [www.southbourne.net/hub](http://www.southbourne.net/hub) 01202 427962**